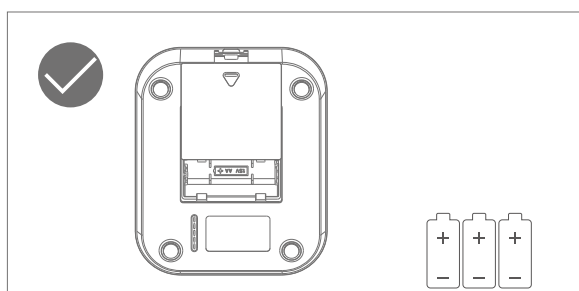


# Quick Start Guide

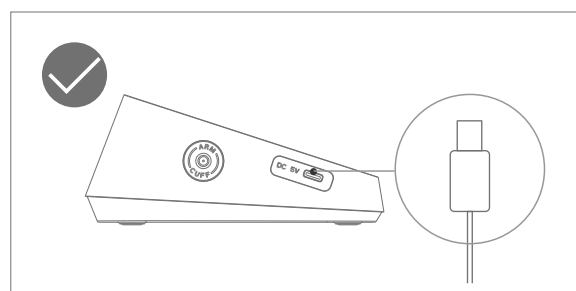
- (1) Before measurement, avoid eating, smoking or exercise within 30 minutes.
- (2) Empty your bladder and ensure at least 5 minutes of quiet rest before measurements.
- (3) Measure the same arm everytime(generally the left arm)
- (4) Measure at the same time every day, such as morning and evening.

## 1: Turn on the Power



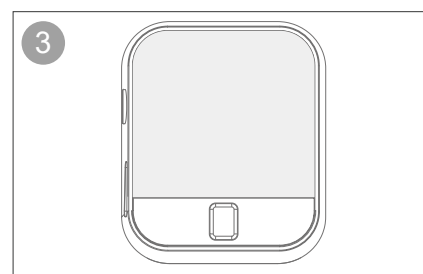
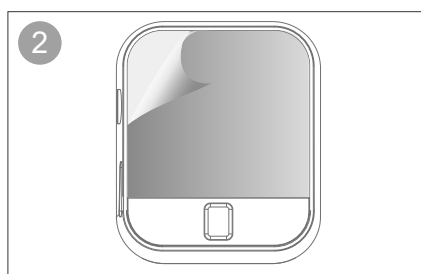
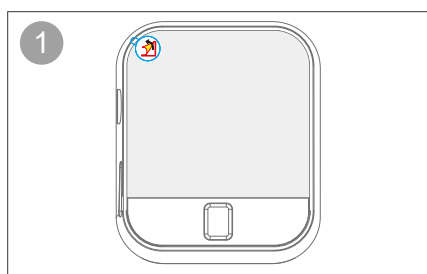
Use 1.5V “AA” alkaline batteries  
(Install 3 “AA” size batteries)

or

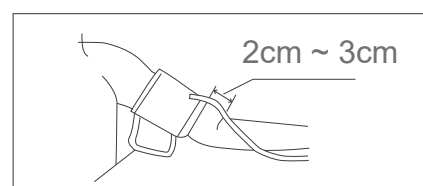
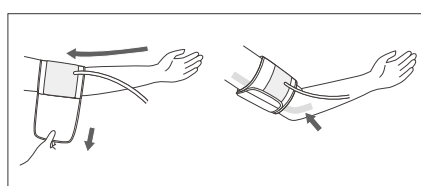
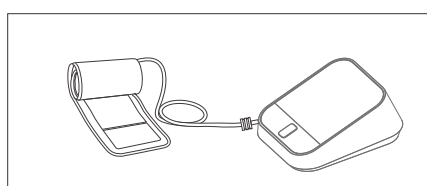


Connect micro USB cable

## 2: Remove the Screen Protector



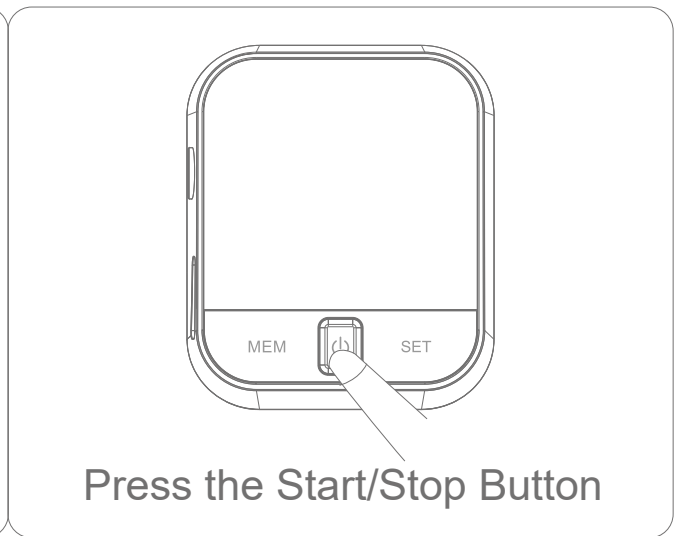
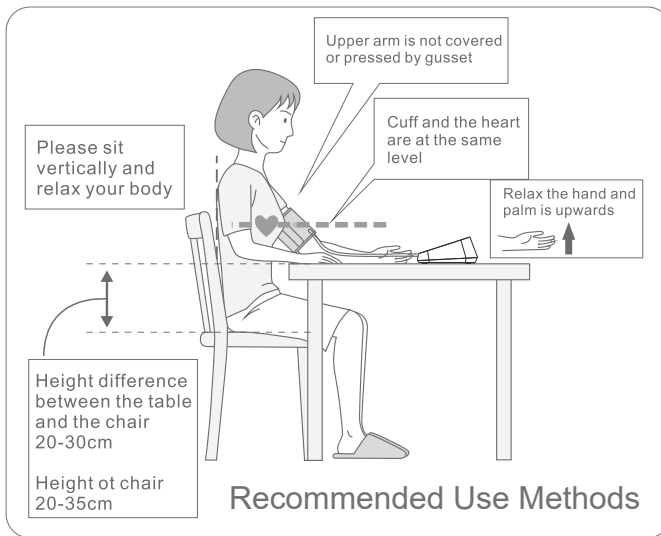
## 3: Fitting the Cuff



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## 4: Measurement Preparation

## 5: Start Measurement



## Error Indicates

SYMBOL	CAUSE	CORRECTION
No display appears	Weak battery or improper placement	Replace both batteries with new ones. Check the battery installation for proper placement of the battery polarities.
Er 2	Monitor could not detect pulse wave or cannot calculate the blood pressure data	Check if the air releasing is too slow or not. If it is too slow, please check if there is any dust in the tube plug of the cuff and the cuff port in the device. If yes, please clean and start the measurement again. If no, please send the device back to the local distributor.
Er 4	Too loose cuff or air leakage (Cannot inflate to 30mmHg within 15s)	Tie the cuff correctly and make sure the air plug is properly inserted in the unit
Er 5	The air tube is crimped	Correct it and make the measurement again
Er 6	The sensor is sensing great fluctuation in the pressure	Please keep quiet and don't move
Er 7	The pressure that the sensor sensing is over the limit	Please send back to the local distributor
Er 8	The demarcation is incorrect or the device has not been demarcated	Please send back to the local distributor

## Customer Service

Any questions, just contact us via amazon order, or send email to [support@medgram.cn](mailto:support@medgram.cn)

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